

# Helping apprentices learn a trade

Here is a summary of the KEY points in the video.

Learning a trade is a rewarding experience.

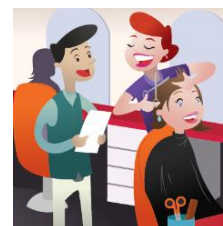
Apprentices say the ways they learn are by **WATCHING** others, **PRACTICING** and **ASKING** questions.

## To improve **WATCHING**

During and after **WATCHING** – YOU need to:

- ORGANISE a picture of the task
- ASK yourself –

Where does the task I am watching fit in with what is happening on the job?



## To improve **focused or deliberate PRACTICE**

Before, during and after Practice – YOU should:

- FOCUS on what you are doing
- CHECK – where am I going with this task?
- After each repeat of practice – THINK –

How is my body placed? Is there important feedback from my tools or the materials to pay attention to? Who can I ask to help learn? What with and how can I improve?



## To improve by **ASKING** questions

If you have a 'coach' or trainer,

- IDENTIFY the right questions to ask.

Examples include: How am I going? What do I need to do to get better?

Remember, learning a trade requires you to:

- TAKE responsibility for planning your learning goals
- PAY attention to and make the most of opportunities for learning.



## Become the best at what you do.

Supporting resource for: [Learning a trade: Becoming a trades person through apprenticeship](#)

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